

# Deanby's Digest

# December 2020



At this time of year, we usually invite prospective pupils to visit our school on **Open Day**.

This year, due to the pandemic, we cannot allow visitors. Instead, visit our website, Facebook & Twitter to see our Open Day Movie, starring the fabulous Heidi!

You will be amazed at what goes on inside Our Lady's!

Please Share



We all want our children to grow up to be the best versions of themselves. As young children, our pupils are still experimenting with the **CHOICES** that they have to make daily. As teachers and as parents, we have to guide children to make the right choices - and we must also teach them that the right choices to make, are not always the easy ones.

Talk about the outcomes both short and long term. As teachers, we do this on a daily basis. When we make not so good choices, we use this as the perfect opportunity to discuss the outcome and talk about how the other choice may have been better. We ask the question — 'How will this affect myself or others?'



Giving children choices helps them feel like they have some power and control over what they do. It's a step in growing up. Everything isn't planned for them. The key to giving children choices is to first decide what choices you will allow them to make. When encouraging children to make decisions at home, offer a limited choice. For example, ask them 'Would you like milk or water to drink with your dinner?' not ' What do you want to drink with your dinner?'.

Making a choice takes a balance of self-confidence and the mental ability to think through the consequences of your decision. Therefore, teaching a child to make good choices will benefit them for years to come and will definitely set your child in the right direction.

Emer Hughes



The Staff of Our Lady's would like to wish all of our families a peaceful and safe Christmas!



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#### **Important Dates for your Diary:**

Wednesday 2<sup>nd</sup> December-Forest Schools Activities (P2SH &

P7 AB Confirmation Retreat

Friday 4th December-

P6BD)

Ulster Council GAA Sessions with Coach Rory (P5-P7)

Monday 7th December-

IFA Coaching sessions with Coach Damien (P4-P7)

Wednesday 9th December-P7 JG Confirmation Retreat

Thursday 10<sup>th</sup> December-

Dress Down for Christmas Daycost £1 for Children's Cancer Unit Charity

School Christmas Dinner

Friday 11th December-

Ulster Council GAA Sessions with Coach Rory (P5-P7)

Christmas Dinner for pupils

Friday 18th December-

Ulster Council GAA Sessions with Coach Rory (P5-P7)

Friday 18th December-

Party and Panto day (subject to change)

Tuesday 22<sup>nd</sup> December-

School finishes 12pm

Tuesday 5th January-

School reopens at the normal time

Monday 11th January -

TREK DAY - Wear a coloured top to school to represent the fact that in Our Lady's, we have an inclusive and shared ethos. **Details after Christmas** 

#### November Girls of the Week -

P1CK- Ellie-Mae Marley, Niamh Phelan, Aimee Fitzsimons, Elle Wylie

P2SH- Molly Maguire, Eve Wright, Fiadh McGlade.Clara O'Neill

P3AH- Cianadh McCarthy-Largey, Kelsey Quinn, Aoibhe Quinn, Kara Short

P3JS- Rachel O'Neill, Amelia Quinn, Grace McKenna, Sophie McErlean

P4JM- Simran Kaur, Aaliyah Fitzpatrick, Lucy Markey, Savannah Sufferin

P4MH- Niamh McAleer, Niamh Mulgrew, Brianna Loughren, Emma Leigh Connor

P5FT- Eilidh McKeown, Molly Lewis, Lily-Rose Dewar-McGhee, Annie Mooney

P5KT- Lena Zgutczynska, Nikole McGroggan, Leila McAuley, Jennifer Aiyedun

P6KD- Lexie Keenan, Lily Ryan, Aimee Gilmore, Meabh McGinley Shields

P6LP- Lydia Kelly, Leona Millen, Brianna Brown, Hannah Beattie

P6BD- Chloe Robinson Taylor, Naomi Park, Anna Ferris

P7JG- Rhia Magennis, Aimee Hancock, Ashley Larkin, Laura McCaffrey

P7AB- Junaithar Ali, Sophie Gormley, Amber O'Hare, Ava Travers

#### **Christmas Dinner**

On Thursday 10th December, the canteen will serve a tasty Christmas Dinner to pupils. Those children on free dinners are entitled to the dinner. Any other child in school, who would like to purchase a Christmas dinner, the cost is £2.60.

#### Christmas Menu

Roast turkey and ham with stuffing and chipolata sausages Carrots and Peas Roast and Creamed Potatoes

Ice Cream Melted Snowman biscuit Fruit Juice



Girls can also 'Dress Down for Christmas' on Thursday 10<sup>th</sup> December and wear a Christmas jumper or accessory, such as tinsel, a hairband etc. Please do not feel the need to buy anything new. We ask that all girls bring £1 donation, which will go towards the

**Children's Cancer Unit Charity** 





# Shoe Box Appeal 2020

P4 MH would like to say a big thank you to all who supported our Shoe Box Appeal this year. We are overwhelmed by the continuous generosity from all our families at this difficult time. We received so many donations that we are able to support both Belfast Homeless Services Charity and the Lansdowne Nursing Home. Every little bit makes a big difference!







# Pharmacy Schools Programme

This month, we have been taking part in the pilot of 'Belfast Healthy Cities Pharmacy Schools Programme'. The programme is designed to promote self-care of common ailments and raise awareness among primary school children of community pharmacy services available for advice. Check out the school website and social media sites to see what we got up to!





# Forest Schools

Primary 6A and Primary 2 are continuing to take part in Forest Schools. The girls love getting outdoors with Danielle, whatever the weather, using things we find in nature to make dens, shelters and even art work. As well as being good physically, getting outdoors is great for our heads.



# Gardening Programme

Linda, Alex and Joanne from NBWISP, let us taste lovely food which was made using the produce from the garden. We had tomato soup, potato bread and scrummy chocolate brownies made using a very unusual ingredient-courgettes!





# Chrome Books

Check out P6LP using new Chrome Books in their class- the girls just love them! A lot of our families have benefited from a loan of a Chrome Book or tablet to help with home learning and using Seesaw. A fabulous opportunity to improve their ICT skills!



#### School Council

OUR LADY'S GIRLS. We would like to welcome the following girls to the School Council. These girls represent their class and will work closely with senior leadership using their 'pupil voice' to improve our school.

P4JM- Aideen Valente

P4MH- Niamh McAleer

P5KT- Katie McDade

P5FT- Eva Neill

P6BD- Mairead McEvoy

P6KD-Lexie Keenan

P6LP- Holly Hudson

P7JG- Laura McCaffrey

P7AB- Lilly Mooney





A big thank you to Brendan Crossan, one of our parents and a journalist with the Irish News, who came into P5KT to talk about journalism and newspapers. Our girls were truly inspired!





If you would like to share your knowledge with our pupils, please get in touch. Our girls could learn so much from your story.

### PTA ~ PANTO & PARTY DAY

The PTA are delighted to announce a very special treat for the whole school. On Friday 18th December (subject to change) we will be having a Panto and Party day for every single class. We have bought the rights to a number of Pantos, from the Lyric Theatre and the girls will be able to have a really fun day watching these in their own class bubbles. The PTA will also provide a party bag of goodies for every girl.





# Children's Cancer Unit Charity Fundraiser

How many £1 coins fit in a baked beans tin? You will now have the opportunity to find out. We are raising money for the Children's Cancer Unit Charity and Mrs Hughes has kindly agreed to dress up as a Christmas Tree (aka Teresa Spruce), once the tin is full of £1 coins! The baked bean tin will be out in the playground next Monday morning, 7 December. Watch this space...



#### KEEP UP TO DATE

Check out our school website for lots of pictures and updates straight from our classrooms...

www.ourladysdeanby.co.uk

Follow us on:

Facebook - Our Lady's Girls' Primary School

OR

<u>Twitter</u> - @ourladysgirlsps

