# **Our Lady's Girls' Primary School**

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Wednesday 14 April 2021

BE GIVEN FOR HEALTHY SNACKS

Dear Parents/Guardian,

Term 3 is underway and we are delighted to have all of our girls back to school. It will be a busy term, with lots of hard work and plenty of fun. We kick off next week with a few new ventures.

#### FOOD FOR THOUGHT

As we come out of lockdown and approach the brighter days of summer, we are reminded of the importance of keeping our minds and bodies fit and healthy. With this in mind, we are going to make a huge effort this term to return to our Healthy Eating policy in school. Snack should include only the following items: SPOT PRIZES AND REWARDS WILL

- ✓ Fruit
- ✓ Veg
- ✓ Sandwich
- ✓ Yoghurt (don't forget your spoon!)
- ✓ Water

## TREK – CELEBRATING DIFFERENCE



Next Monday 19 April, as part of our PDMU programme and in conjunction with the North Belfast Primary Schools, all children are being asked to wear a coloured t-shirt to school. This is in appreciation of the physical, social and cultural differences within society and to encourage children to celebrate these differences. By wearing different coloured t-shirts, we are representing and celebrating our schools' inclusive ethos. Children are being asked to bring a donation to Cancer Fund for Children in a sealed envelope or parents can make

a donation online by logging on to the Cancer Fund for Children's Just Giving page-

https://www.justgiving.com/fundraising/celebratingdifferencetrek

Over the next few weeks our pupils will carry out random acts of kindness in school and at home in appreciation of TREK.

### **ROAD SAFETY WEEK**

Next week is Road Safety Week. Our girls will have Road Safety talks in school during the week and you may notice some activity in the playground on Monday, Wednesday and Friday, or even on the journey to and from school. Belfast Healthy Cities, in conjunction with YEHA will be surveying parents on Road Safety and sharing some information with you - all interactions will adhere to COVID guidelines.

# **UPCOMING HOLIDAYS**

Please be aware that school is closed for bank holiday and mid-term on 3 May and 25 to 31 May. Yours sincerely,

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